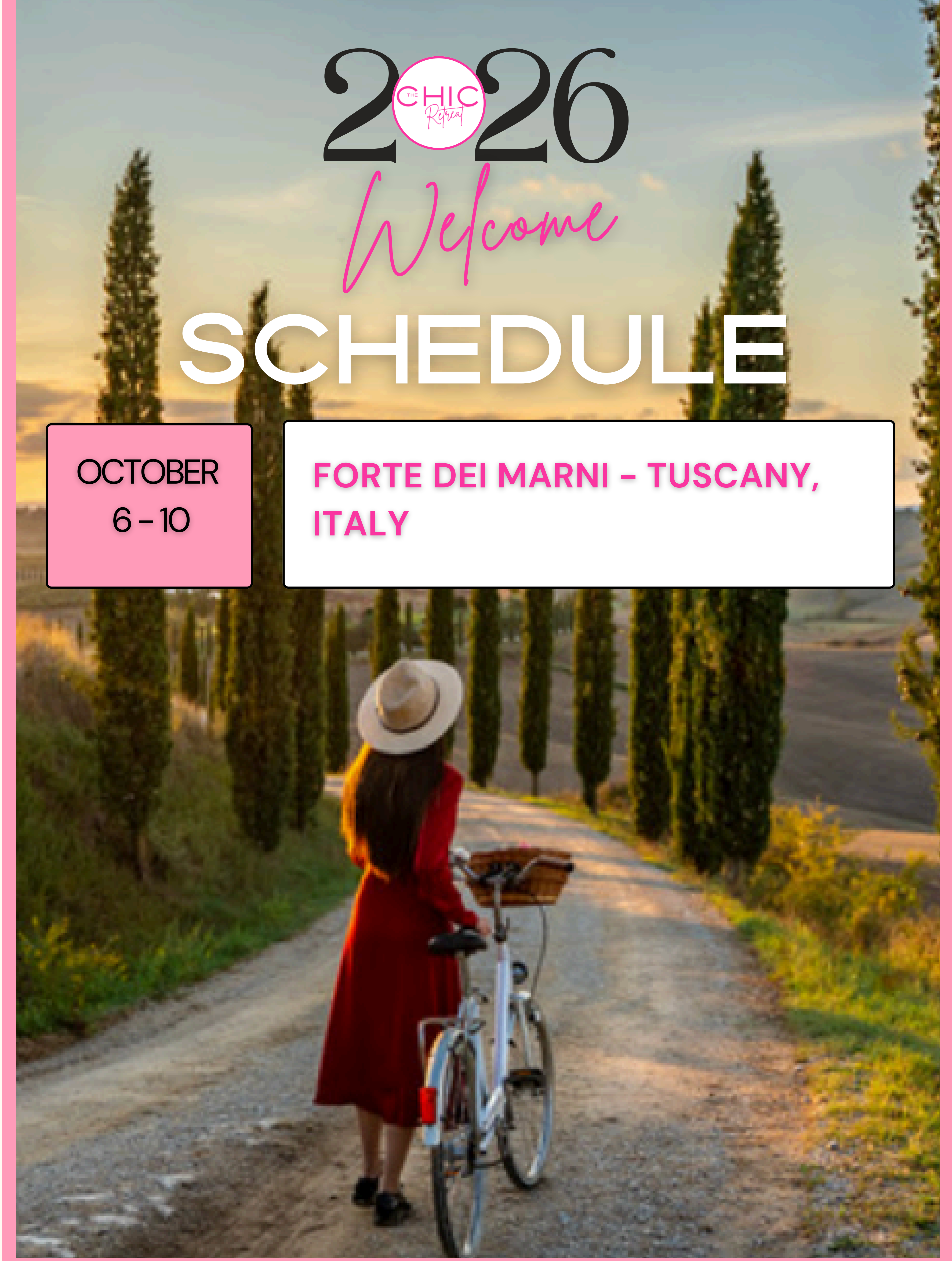




2026



Welcome

SCHEDULE

OCTOBER
6 – 10

FORTE DEI MARNI – TUSCANY,
ITALY

CHIC RETREAT, ITALY

SCHEDULE 2026

Day 1

OCTOBER 6- FORTE DEI MARMI, TUSCANY

ARRIVAL DAY

Time	Event	Details
1:00 PM	Arrival, Welcome Gifts + Snacks	Resort Garden
2:00 PM	Connect + Happy Hour	Poolside
3:00 PM	Resort Tour + Check-In	Resort Reception
4:00 PM	Mindset, Journaling & Conversations	Poolside
6:00 PM	Unwind, Bike ride, Property Adventure	Resort/Town
6:30 PM	Photo Shoot / Sunset	Poolside
7:30 PM	Group Long table Dinner & Drinks	Resort Restaurant
9:30PM	Stretch & Intention Setting	Resort Garden

Day 2

OCTOBER 7- FORTE DEI MARMI, TUSCANY

Time	Event	Details
7:00 AM	Breakfast, Slow morning	Resort
8:00 AM	Movement, Yoga (Flow) or Bike Ride	Resort Garden
9:00 AM	Poolside Coffee + Connection	Pool
10:00 AM	Talk: Mindset Session	Garden Lounge
10:30 AM	Workshop 1: Vision + Goal Setting: Designing Your Next Chapter	Garden Lounge
12:30 PM	Break I Lunch	Resort Restaurant
2:00 PM	Workshop 2: The Mindset Shift to Greatness	Garden Lounge
3:30 PM	Happy Hour + Pool	Poolside
4:30 PM	Downtime	Resort
6:00 PM	Bike Ride, Adventure & Explore	Town
8:00 PM	Longtable Group Dinner & Drinks	Local Restaurant
9::00 PM	Connections + Chats	Local
10:00 PM	Wrap Up + Rest	Resort

Day 3

OCTOBER 8- FORTE DEI MARMI, TUSCANY

Time	Event	Details
7:00 AM	Breakfast, Slow morning	Resort Dining
8:00 AM	Movement, Yoga (Flow) + Mindset Session	Resort Garden
9:00 AM	Poolside Coffee + Connection	Pool
10:00 AM	Workshop 4A: Strengthening Relationships with Emotional Intelligence	Garden Lounge
11:30 AM	Break	Poolside / Room
12:00 PM	Workshop 4B: Strengthening Relationships	Garden Lounge
1:30 PM	Lunch Offsite	Bikeride into Town
3:00 PM	Ice Cream Stop	Town
3:30 PM	Shop, Adventure + Explore	Town
7:30 PM	Dinner I Group - Restaurant	Resort
9:30 PM	Connections + Chats	Poolside

Day 4

OCTOBER 9- FORTE DEI MARMI, TUSCANY + PIETRA SANTA

Time	Event	Details
7:00 AM	Breakfast, Slow morning	Resort Dining
8:00 AM	Movement, Yoga (Flow) or Bike Ride	Resort Garden
9:00 AM	Poolside Coffee + Connection	Pool
10:00 AM	Workshop 3: Clarity: Simplify, Prioritize + Create Momentum	Garden Lounge
12:00 PM	1:1 Hot Seat Coaching / Personal Expansion	Garden Lounge
1:00 PM	Break Lunch	Resort
2:00 PM	Reset + Refresh (Swim, Optional)	Garden Lounge
4:00 PM	Transport to Piertrasanta	Shuttle
4:15 PM	Adventure, Explore & Shop	Oldtown
5:00 PM	Food Tour - Stop 1 (of 4) Happy Hour	Oldtown
6:00 PM	Art Gallery Explore	Oldtown
7:00 PM	Food Tour - Stop 2, 3 + 4	Oldtown
9:30 PM	Transport back to Resort	Transport

Day 5

OCTOBER 10 - FORTE DEI MARMI, TUSCANY
DEPARTURE DAY

Time	Event	Details
7:00 AM	Group Breakfast	Resort Restaurant
8:30 AM	Mindset, Journaling + Intentions	Resort Garden
10:00 AM	Movement + Walk	Town
11:00 AM	Check Out	Resort
11:30 AM	Final Goodbyes	
12:00 PM	Departures	

DAY TRIP: RESORT → CINQUE TERRE
OCTOBER 10

Time	ADD-ON AT OWN EXPENSE	Details
1:00 PM	SHUTTLE TO TRAIN TO CINQUE TERRE	EXTRA COST (\$15-20 EURO PP)
2:00 PM	LUNCH SEASIDE VERNAZZA Iconic harbor views, wine tasting & food	AT OWN EXPENSE
4:30 PM	VILLAGE EXPERIENCE MANAROLA cliffside photos, local happy hour + ice cream	AT OWN EXPENSE
6:00 PM	DEPARTURE ANYTIME (planning and curated program is included)	TRAIN TO OTHER VILLAGES OR TO FLORENCE OR ROME (AT OWN EXPENSE)